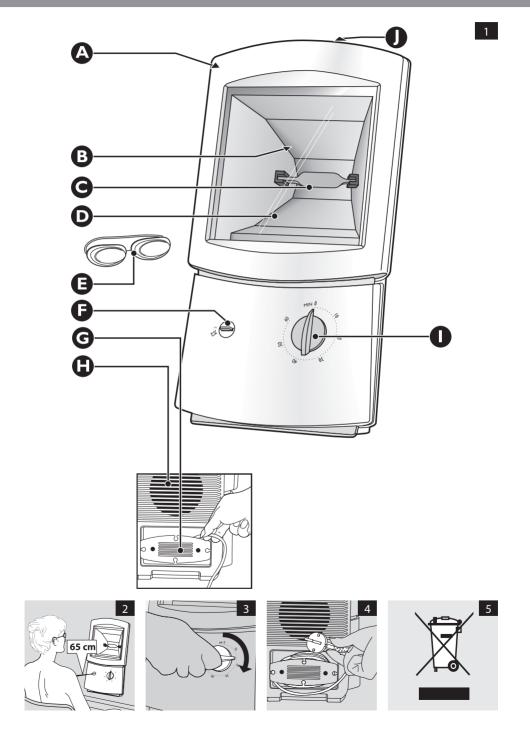


Half-Body Tanner HB404





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Introduction

With this luxury half-body tanner, you can tan your face, shoulders and décolleté. It has a powerful high-pressure lamp for fast and more natural tanning results. The appliance has a measuring tape and an adjustable timer.

General description (Fig. 1)

- A Storage hook for goggles
- B Reflector
- **©** Tanning lamp
- UV filter
- Protective goggles (2 pairs)
- Measuring tape
- Mains cord with cord winding facility
- Fan
- Timer
- Handgrip

Important

Read these instructions for use carefully before using the appliance and save them for future reference.

- Check if the voltage indicated on the appliance corresponds to the mains voltage in your home before you connect the appliance.
- If the supply cord is damaged, it must be replaced by the manufacturer or service agent or a similarly qualified person in order to avoid a hazard.
- Water and electricity are a dangerous combination! Do not use this appliance in wet surroundings (e.g. in the bathroom or near a shower or swimming pool).
- If you have just been swimming or have just taken a shower, dry yourself thoroughly before using the appliance.
- Make sure children do not play with the appliance.
- Always unplug the appliance after use.
- Let the appliance cool down for approx. 15 minutes before storing it.
- Make sure the vents in the back of the appliance and in the handgrip remain open during use.
- Do not exceed the recommended tanning times and the maximum number of tanning hours (see section 'Tanning sessions: how often and how long?').
- Do not tan a particular part of your body more than once a day. Avoid excessive exposure
 to natural sunlight on the same day.
- Colours may fade under the influence of the sun. The same effect may occur when using this appliance.
- Do not expect the appliance to yield better results than natural sunlight.

Take the following precautions:

- Protect your eyes during tanning using the UV goggles provided. Contact lenses and sun
 glasses are not a substitute for the goggles. The unprotected eye may develop surface
 inflammation. After excessive exposure in some cases damage may occur to the retina.
 Many repeated exposures to the unprotected eye can lead to cataracts.
- Remove cosmetics well in advance of exposure. Do not use any sunscreens or products that accelerate tanning.
- In case of pronounced sensitivity or allergic reaction to ultraviolet radiation, it is recommended to take medical advice before starting exposure.

- Do not sunbathe and use the appliance on the same day. The skin does not make any distinction between UV-rays from the sun or from a tanning appliance.
- Protect sensitive skin parts such as scars, tattoos and genitals from exposure.
- If persistent lumps or sores appear on the skin or if there are changes in pigmented moles, seek medical advice before resuming tanning.
- Never use the appliance when the UV filter is damaged, broken or missing or when the timer is defective.
- Make sure that non-users, especially children, are not present when the appliance is being
 operated.
- Do not choose a tanning distance of less than 65cm.

A tanning appliance is not to be used by:

- Persons with reduced sensory and/or mental capacity.
- Persons lacking knowledge of or experience with tanning appliances, with the exception of
 individuals who are being supervised or have received instructions regarding the use of
 the tanning appliance by a person who assumes responsibility for their safety.
- Persons younger than 18.
- Persons who tend to freckle.
- Persons having abnormal discolored patches on skin.
- Persons having more than 16 moles (2 mm or more) on the body.
- Persons having atypical moles (defined as asymmetrical moles larger than 5 mm in diameter with variable pigmentation and irregular borders; in case of doubt, seek medical advice).
- Persons with a natural red hair color.
- Persons whose skin is already sunburned.
- Persons not able to tan at all or not able to tan without burning when exposed to the sun.
- Persons that burn easily when exposed to the sun.
- Persons having a history of frequent severe sunburn during childhood.
- Persons (previously) suffering from skin cancer or predisposed skin cancer.
- Persons having a first-degree relative with a history of melanoma.
- Persons under a doctor's care for diseases that involve photosensitivity and/or receiving photosensitizing medications.

Electromagnetic fields (EMF)

This Hapro appliance complies with all standards regarding electromagnetic fields (EMF). If handled properly and according to the instructions in this user manual, the appliance is safe to use based on scientific evidence available today.

Cosmetics and medication

Cosmetics and medication can contain substances that can cause a phototoxic reaction if combined with UV radiation. The phototoxic chemicals occurring most frequently are: Contact your dealer for a complete list of substances that can cause a phototoxic reaction.

Demeclocycline	Hydrochinone	Oxytetracycline	Porfimer
Rolitetracycline	Etretinate	Tetracycline	Acitretine
Nalidixic acid	Isotretinoin	Azapropazone	Lomefloxacine
Tretinoin	Doxycycline	Etretinate	
Methoxsalen	Amiodarone	Tretinoin	
Monohenzone	Chlortetracycline	Hydrochinone	

Tanning and your health

The sun, UV and tanning

The sun

The sun supplies various types of energy. Visible light enables us to see, ultraviolet (UV) light gives us a tan and the infrared (IR) light in sunlight provides the heat in which we like to bask.

UV and your health

In moderation UV radiation can have a positive effect on the skin and overall health. Therefore, it is important to follow the recommendations concerning exposure durations, exposure intervals and distances from the lamp.

UV-radiation can cause skin or eye damage that may be irreversible. These biological effects depend upon the quality and quantity of the radiation as well as the skin sensitivity of the individual.

The skin may develop sunburn after overexposure. Excessively repeated exposures to ultraviolet radiation from the sun or tanning appliances may lead to premature ageing of the skin as well as increased risk of development of skin tumors. These risks increase with increasing cumulative UV exposure. Exposure at an early age increases the risk of skin damage later in life.

Certain medical conditions or side effects of certain medicines may be aggravated by UV exposure. In case of doubt, seek medical advice

Tanning sessions: how often and how long?

Safe tanning means, among other things: allowing your skin to get used to the UV radiation. A tanning program usually consists of a course of ten exposures. You can determine the duration of each exposure by referring to the column for your skin type in the table below.

You do not necessarily have to follow this table when sunbathing, it acts as a guide. However, do monitor the way your skin reacts as this is the real indicator. Limit the exposure time to avoid getting a sunburn (skin erythema). If erythema appears hours after any exposure, it is advised to cease tanning for one week and restart the exposures from the beginning of the exposure table.

Instead of following a program, you could also opt to use a tanning appliance every now and then to maintain your tan. It is important, though, that you do not exceed the maximum recommended number of sessions per year.

• For this appliance, the maximum is 20 tanning hours (=1200 minutes) a year. Of course, the maximum number of tanning hours applies to each separate part or side of the body that is tanned (e.g. the back and front of the body).

Note: Allow at least 48 hours between the first and second exposure. If unexpected side effects, such as itching, occur within these 48 hours, medical advise should be sought before continuing with the next session.

Example

Suppose you take a 10-day tanning course, with an 8-minute session on the first day and a 20-minute session on the nine following days.

The entire course then lasts $(1 \times 8 \text{ minutes}) + (9 \times 20 \text{ minutes}) = 188 \text{ minutes}$. In one year you can take 6 of these courses, as 6 x 188 minutes = 1128 minutes.

Table

As is shown in the table, the first session of a tanning course should always last 8 minutes, irrespective of the sensitivity of the skin. If you think that the sessions are too long for you (e.g.

if the skin gets taut and tender after the session), we advise you to reduce the length of the sessions by e.g. 5 minutes.

Note:For a beautiful, even tan, turn your face to the left and right from time to time during the session so that the sides of the face are better exposed to the tanning light.

Note:If your skin feels slightly taut after tanning, you can apply a moisturising cream.

Duration of the tanning session for each side/part of the body	for persons with very sensitive skin	for persons with normal sensitive skin	for persons with less sensitive skin
1st session	8 minutes	8 minutes	8 minutes
break of at least 48 hours	break of at least 48 hours	break of at least 48 hours	break of at least 48 hours
2nd session	10-15 minutes	20 minutes	25-30 minutes
3rd session	10-15 minutes	20 minutes	25-30 minutes
4th session	10-15 minutes	20 minutes	25-30 minutes
5th session	10-15 minutes	20 minutes	25-30 minutes
6th session	10-15 minutes	20 minutes	25-30 minutes
7th session	10-15 minutes	20 minutes	25-30 minutes
8th session	10-15 minutes	20 minutes	25-30 minutes
9th session	10-15 minutes	20 minutes	25-30 minutes
10th session	10-15 minutes	20 minutes	25-30 minutes

Using the appliance

- 1 Place the appliance on a solid, flat and stable surface.
- 2 Fully unwind the mains cord.
- 3 Put the plug in the wall socket.
- 4 Position yourself in front of the appliance.
- 5 Put on the protective goggles provided.
- Only use these protective goggles when you tan with a Hapro tanning appliance. Do not use them for other purposes.
- The protective goggles comply with protection class II according to directive 89/686/EEC.
- 6 Check the distance between your body and the tanning appliance.
- During tanning, the distance between the UV filter and the part of the body to be tanned must be at least 65cm. (Fig. 2)
- Use the measuring tape to check the distance.
- 7 Switch on the appliance by setting the timer to the required tanning time (Fig. 3).

Note: For the correct tanning times, see section 'Tanning sessions: how often and how long?'

- When the set time has elapsed, the timer automatically switches off the appliance.
- If you want to tan more parts of your body successively, you can set a new time before the set time has elapsed.

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- By setting the timer again before the set time has elapsed, you avoid the 3-minute waiting time which is necessary to allow the tanning lamp to cool down.
- 8 Always unplug the appliance after use.

Tip: Keep track of the overall number of sessions you have had on a piece of paper.

Cleaning

Always unplug the appliance and let it cool down before you clean it.

Never use scouring pads, abrasive cleaning agents or aggressive liquids such as petrol or acetone to clean the appliance.

1 Clean the outside of the appliance with a damp cloth.

Do not let water run into the appliance.

- Clean the UV filter with a soft cloth sprinkled with some methylated spirits.
- 3 Clean the protective goggles with a moist cloth.

Storage

- 1 Unplug the appliance.
- 2 Let the appliance cool down for 15 minutes before you store it.
- 3 Wind the cord round the cord storage facility on the back of the appliance (Fig. 4).

Replacement

Lamp

The light emitted by the tanning lamp becomes less bright in time (i.e. after a few years in case of normal use). When this happens, you notice a decrease in the tanning capacity. You can solve this problem by setting a slightly longer tanning time or by having the tanning lamp replaced.

Always have the tanning lamp replaced by a service centre authorised by Hapro. Only they have the knowledge and skills required for this job and the original spare parts for your appliance.

UV filter

Never use this appliance when the UV filter is broken, damaged or missing. Always have the UV filter replaced right away when it is damaged or broken.

Always have the UV filter replaced by a service centre authorised by Hapro. Only they have the knowledge and skills required for this job and the original spare parts for your face tanner.

Protective goggles

Additional or replacement goggles can be ordered at your local dealer.

Environment

Do not throw away the appliance with the normal household waste at the end of its life, but hand it in at an official collection point for recycling. By doing this, you help to preserve the environment (Fig. 5).

The lamp of this appliance contains substances that may pollute the environment. When you discard the lamp, do not throw it away with the normal household waste, but dispose of it at an official collection point.

Guarantee & service

All defects resulting from material or production faults and which occur within the warranty period, will be repaired free of charge on production of the original sales invoice. The warranty period is 24 months. For warranty queries, please contact your dealer.

Your new tanning appliance is intended for domestic use and not for commercial purposes. Damage as a result of commercial use, as well as tubes, starters, protective supports and acrylic panels, are not covered by the Hapro warranty.

Malfunctioning as a result of assembly and or installation faults, improper use, lightning damage and non-original parts are excluded from the Hapro warranty.

Check carefully if the equipment has been installed properly before claiming under the warranty. In case of an unwarranted claim, you will be charged service costs.

Guarantee restrictions

The terms of the international guarantee do not cover the tanning lamps.

Troubleshooting

If problems should arise with this appliance and you are unable to solve them by means of the information below, please contact the nearest Hapro dealer.

Problem	Solution
The appliance does not start	Make sure the plug has been properly inserted into the wall socket.
	There may be a power failure. Check if the power supply works by connecting another appliance.
	The timer may not have been set. Set the timer to the appropriate tanning time.
	The lamp may still be too warm to restart. Let the lamp cool down for 3 minutes before you switch it on again.
Poor tanning results	Perhaps you use an extension cord that is too long or does not have the correct current rating. Consult your dealer. Our general advice is not to use an extension cord.
	You may have followed a tanning course that is not appropriate for your skin type. Check the table in section 'Tanning sessions: how often and how long?'.
	Perhaps the distance between the lamp and your body is larger than prescribed.
	When you have used the lamp for a long time, its tanning capacity decreases. This effect only becomes noticeable after several years. To solve this problem, select a slightly longer tanning time or have the lamp replaced.